

PREPARATION FOR COLONOSCOPY

CitraFleet®

C.N. 660393.2

IT'S ESSENTIAL AND VERY IMPORTANT TO FOLLOW THE INSTRUCTIONS THAT ARE INDICATED HERE BELOW, IN ORDER TO CLEAN PROPERLY AND TO AVOID REPEATING THE TEST

48 hours before the colonoscopy-check

Non-fiber diet (WITHOUT crackers, fruits, vegetables and legumes). **You can take:** 1 slice of white toast or pastries, coffee with skim milk

THE DAY BEFORE THE COLONOSCOPY

Breakfast: Normal, non-fiber (WITHOUT crackers, fruits, vegetables and legumes). **You can take:** 1 slice white toast or pastries, coffee with skim milk

After **breakfast**, you must remain **ONLY** with clear liquids (water, fat-free broths, infusions, tea, coffee and drinks without gas).

FIRST DOSE. At 16:00 pm: Take one sachet of **CITRAFLEET** in a large glass (150 ml. of cold water), stir in until it be dissolved, if it is too hot you have to wait until it be cold enough to be drunk. Then take **1,5 BOTTLE OF WATER OR ISOTONIC DRINK** (Aquarius, etc.) and drink it slowly, for about 1 hour. **You must finish the amount of liquid that is indicated.**

SECOND DOSE. At 21:00 am: Take the other sachet of **CITRAFLEET** in a large glass (150 ml. of cold water), stir in until it be dissolved, if it is too hot you have to wait until it be cold enough to be drunk. Then take **1,5 BOTTLE OF WATER OR ISOTONIC DRINK** (Aquarius, etc.) and drink it slowly, for about 1 hour. **You must finish the amount of liquid that is indicated.**

VERY IMPORTANT: After the **SECOND DOSE**, should remain **NPO (no water)** until completion of the examination.

ASK IN YOUR PHARMACY: CITRAFLEET - C.N. 660393.2



Colonoscopy Date: _____ **Time:** _____

Place: _____