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WHAT IS COLONOSCOPY?

It is a safe and most effective means of visually examining the full lining of the colon and rectum.

It is used to diagnose colon and rectum problems and to perform biopsies and remove colon polyps

Most colonoscopies are done on an outpatient basis with minimal inconvenience and discomfort.

HOW IS COLONOCOPY PERFORMED?

The bowel must first thoroughly cleared of all residue before a colonoscopy.

This is done one two days before the exam as prescribed by your physician.

The colonoscope is inserted and when possible will be advanced to the portion of the colon where the small intestine enters.

During a complete examination of the bowel, your physician will remove polyps or take biopsies as necessary.

The entire procedure usually takes less than an hour. Mild sedation is given when necessary to relieve anxiety and discomfort and you will be aware.

Following the colonoscopy, there may be slight discomfort, which quickly improves with the expelling of gas.

Most patients can resume their regular diet later that day.

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PREPARATION OF COLON WHIT MOVIPREP

Don't take any fruits or bread fibred.

THE DAY BEFORE EXAMINATION

Fluid diet, exclusively water, black tea or camomile with no milk

HOW TO TAKE MOVIPREP©

THE TEST DURING THE MORNING

The day before the test:

At **16:00** drink 1 litre of Moviprep , one glass every 10-15 minutes,

At **20:00** drink 1 litre of Moviprep, one glass every 10-15 minutes.

IMPORTANT: During this time you should drink 1 litre of clear liquids

The day of the test you do not drink or eat anything.

THE TEST DURING THE AFTERNOON

The day of the test:

At **8:00** drink 1 litre of Moviprep, one glass every 10-15 minutes,

At **12:00** drink 1 litre of Moviprep, one glass every 10-15 minutes.

IMPORTANT: During this time you should drink 1 litre of clear liquids

	1. Open one of the bags and remove the sachets A and B		2. Add the sachets A and B in to 1 litre recipient		3. Add 1 litre of water in to the recipient		4. Remove until all the solution is dissolve, and the solution became clear and cloudy. It could take 5 minutes
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Until the test do not drink or eat anything else

EXAMINATION DAY: Without any breakfast. At _____ hours
In _____

You mustn't take aspirin, syntrom five days before
Remember, you can't drive after examination.

